



# 13 perspectives on health and safety measures

Assess room safety and health management status and maintain a good education and research environment.

## Comfortable workplaces

## Lighting

There shall be no burned-out bulbs, flickering, or other problems with indoor light fixtures.

## Comfortable workplaces

## Ventilation and air conditioning

Ventilation and air conditioning shall be in good working order, temperature and humidity shall be appropriate (18 to 28°C, 40 to 70%), and there shall be no unusual odors.

## Comfortable workplaces

## Water area

Sinks, etc. shall be clean and free of damage, leaks, dirt, mold or the like.

### Fire prevention measures

## Combustibles

No flammable materials shall be placed near fire.

## Fire prevention measures

## Gas appliances

Gas appliances and hoses shall be properly connected with fixtures and shall not be deteriorated or damaged.

## Fire prevention measures

## Overloaded electrical wiring

No overloaded electrical wiring or the like shall be allowed, and the allowable power shall not be exceeded.

## Fire prevention measures

## Power plug

There shall be no damage to electrical cords, outlets, etc., and no dust accumulation on the outlets.

## Securing passageways

## Prevention of stumbling

Power cords, cables, etc.  
shall not obstruct traffic.

### Prevention from toppling over

## Fall prevention

No items that could be dangerous if dropped shall be placed on cabinets, shelves, etc. in the room.

## Prevention from toppling over

## Prevention from toppling over

Cabinets, shelves, etc. (especially with a height of 150 cm or more) in the room shall be fixed with L-shaped brackets, etc.

## Securing evacuation routes

## Entrance / Exit

There shall be no objects or other items placed near entrances or exits that could hinder evacuation.

## Securing evacuation routes

## Passageway

No objects shall be placed in the interior passageways that would hinder passage or evacuation.

## Keeping things sorted

## Cleanup

Rooms shall be cleaned regularly and kept sorted and in order.

