

Preparation for emergency

18 Do you know how to treat if you get stung by a bee?

There are 3 types of bees in Japan: honey bees, paper wasps, and hornets.

You'd better to know by which types of bees you got stung.

Move away several ten of meters from the place where you get stung since there may be nests of bees around there.

Pinch hard the area of a sting and take or suck venom out.

Spit up the venom and never swallow it.

And rinse off and cool the wounded area with running water.

In the case of stung by honey bees, a systemic reaction may not occur.

However, if you have symptoms of fever and vomiting in the case of stung by paper wasps, see a doctor.

In the case of stung by hornets, see a doctor immediately if you have symptoms of fever and vomiting, and breathing difficulty.

In the case of stung by hornets, there is a possibility of life-threatening anaphylactic shock (decrease in breath, beat, and blood pressure).

Look out for anaphylactic shock for 30 minutes after got stung.

(Do not be alone and prepare to call an ambulance just in case.)