

Preparation for emergency

3 Do you know the appropriate actions in the case of an earthquake?

At first, protect yourself for two minutes after the beginning of an earthquake

- 1 (If you cannot move) Protect yourself, especially your head from dropping or falling objects.
- 2 (If you can move) Huddle under a firm desk or a table. Or stay close to a wall or a column.
- 3 Open the door to secure an evacuation route.
- 4 Do not rush outside.
- 5 If you are in an elevator, press all the buttons of destination floors and get off at the stopped floor.
If you are stuck in an elevator, press an emergency button and wait for a rescue.
- 6 If you are driving, pull over the car on the left slowly and turn off the engine.

Cover your head with your bag to absorb impact from falling objects by any chance.

If you huddle under a firm desk or a table, make sure if there are no risk of falling objects around there. Prepare safety spaces to be able to take refuge in case of earthquakes on a daily basis.

If you can move, extinguish a fire and open the door for evacuation. It prevents that you might be locked in the room by dropping down or falling objects.

If you cannot move, protect yourself from dropping or falling objects, especially your head.
If you can move, huddle under a firm desk or a table. Or stay close to a wall or a column.